education

Department of Education
FREE STATE PROVINCE

PERSONAL AND SOCIAL WELLBEING

GRADE:5

SUBJECT: LIFE SKILLS

TERM: 4
CONTROLLED TEST

MEMORANDUM

TOTAL MARK: 30

This question paper consists of 03 pages

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SECTION A

QUESTION 1

1.1 A √

1.2 B √

1.3 D √

(3x1)= 3

QUESTION 2

2.1 Food create energy so that you can work and play. √ (1)

2.2 Malnutrition is when you don't eat enough or we don't eat good food √ (1)

2.3 Suggested answers: Advertisement of food√; culture and religion; fussy eaters and allergies; No money or not enough money to buy the food,

QUESTION 3

3.1 A belief or feeling in society that you should feel ashamed. √ (1)

3.2 Taking a medicine of sickness for some days. √ (1)

3.3 The signs of a sickness. √ (1)

Accept any other correct explanation given **(3x1)= 3**

QUESTION 4

4.1 True √ (1)

4.2 False √ (1)

4.3 True √ (1)

(3X1=3)

QUESTION 5

5.1 B √ (1)

5.2 C √ (1)

5.3 A √ (1)

(3X1=3)

SECTION : A 15 marks

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QUESTION 6

Suggested answers:

- They cause harm to your body and mind√
- They make you sick√
- Alcohol may affect your mind and speech and you may not be able to speak properly√
- Your balance and walking property may be affected.√
- Smoking affects your lungs and your vision√
- They make people to lose their temper and sometimes people become very aggressive√
- Smoking glue can cause damage to your brain√
- You may hallucinate (seeing and hearing things that are not real)√

Accept any other five correct answer

(5x1)= 5

QUESTION 7

Suggested answers:

Water the garden early in the morning or at night not during the day√ .Use a bucket or If you use a hosepipe, make sure that it has no holes.√ Replace the washer in the tap to stop dripping water.√ When you wash yourself,take a shower instead of a bath.√Don't let the tap running while washing your face or teeth√

Accept any other relevant correct answer **(5x1)= 5**

QUESTION 8.1

- Don't try to taste poisonous products at home.√
- Do not use fire without assistance from the adults√
- Do not touch hot object with bear hands √
- All harmful products must be stored in a cupboard√
- Do not mix the different chemicals

Accept any other three correct answer

(3x1)=3

QUESTION 8.2

- Keep yourself healthy by eating energy food and take medication.√
- Talk to someone and accept the condition √ **(2)**

SECTION B : 15 marks

GRAND TOTAL : 30 marks

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