



ORTCD

Name and Surname: _____

Subject: Life Orientation

Examiner:

June Exams 2025

Moderator:

Time allocation: 90 minutes

1 0 – 29%	2 30 – 39%	3 40 – 49%	4 50 – 59%	5 60 – 69%	6 70 – 79%	7 80 – 100%	<u> </u> 70	%
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INSTRUCTIONS

1. An extra 10 minutes will be provided for reading.
2. Write neatly and legibly.
3. Answer in the spaces provided.
4. This paper consists of 10 pages.

Question Analysis									
Question 1	Question 2	Question 3	Question 4	Question 5	Question 6	Question 7	Essay 1	Essay 2	TOTAL
5	5	5	10	10	5	10	10	10	70



Section A: (25)

Compulsory

Question 1: Multiple Choice

Choose the correct answer. Circle or highlight your answer.

1.1 During puberty...

- A everyone develops at their own pace
- B menstruation begins in grade 6 for all
- C voices change for both boys and girls
- D only girls are ready to have children

1.2 _____ are changes in boys during puberty.

- A voice changes and hair grows under the armpits
- B shoulders widen and muscles develop
- C voice changes, hair grows in genital area and menstruation begins
- D A and B

(5)

1.3 Human Rights day is celebrated on _____

- A 16 June
- B 21 March
- C 27 April
- D 9 August

1.4 Youth Day is on _____

- A 16 June
- B 21 March
- C 27 April
- D 9 August

1.5 Your self-concept is based on _____

- A abilities, interests, potential and cultural background
- B personal qualities, abilities, potential and interests
- C cultural background, religion, classroom rules
- D cultural background and parent's occupation



Question 2:

Provide a definition for each of the following:

(5)

2.1 hormones:

2.2 physical abuse:

2.3 intimidate:

2.4 Children's Court

2.5 Peer pressure:

Question 3:

Match column A to column B. Write only the correct letter in the given space for your answer.

(5)

Column A		Column B		ANSWERS
3.1	Childline	A	A negative emotion displayed by an abuser	3.1
3.2	Anger	B	Respect and approval	3.2
3.3	Counsellors	C	Stand up for oneself, confident, insist on one's rights	3.3.
3.4	admiration	D	0800055555	3.4
3.5	assertive	E	Someone that is trained to help a victim of abuse	3.5.
		F	08000998877	



Question 4:

Read the case study carefully before you answer the questions

(10)

Atlas has world at feet

Thabo Jobo

North Eastern Tribune 6 March 2020

A Johannesburg-based hip-hop music artist, famously known as Atlas, has released his latest album that he said is aimed at exposing his fans to the many social ills of the world today.

Formally known as Mpho Sebogoe, Atlas said his album, ***The Frontier*** was released on 31 January and it featured 17 tracks of hip-hop songs infused with a bit of gospel.

The album was self-produced at his Static Quo Incorporation studios in Johannesburg and he said it featured two of his solo artists, Melodic and The Freedom.

“The album is unique and it stands out as a mouthpiece addressing the current lifestyle that many of the current generation of our people are subjected to in their lives,” Atlas said.

“It touches on the issue of substance abuse, police brutality, the racism that has engulfed our societies as well as the disturbing nature of xenophobia in various parts of our communities.

Through this album, as an artist, I am also trying to shape the world into a better place to live and strive as human beings.”

It really serves as a chapter for social cohesion and Atlas added that anyone could listen to the album as it catered for all music lovers.

He said the album could be found on various media platforms including Google tracks, YouTube channel, Facebook, and Instagram.

Details: @atlasofficially

4.1 List 3 social ills that Atlas is trying to bring attention to.

(3)

4.2 What genre of music does Atlas sing?

(1)

4.3 Why do you think that Atlas taking this stand against these “social ills” is a good idea?

(2)



4.4 “anyone could listen to the album as it catered for all music lovers” Explain what is meant by this statement. (1)

4.5 Name any two platforms where the album could be found. (1)

4.6 Why do you think Atlas changed his name from Mpho Sebogoe? (2)

[25]

Section B:

Question 5: Answer the following questions on abuse.

5.1 Explain why the following situations may be threatening or risky to a young child.

5.1.1. Growing up in an abusive family: (2)

5.1.2. A parent drinking too much alcohol or taking drugs: (2)

5.1.3. The older brother bringing lots of friends over, often. They spend the day drinking alcohol and watching TV before they fall asleep in the lounge: (2)



5.2. Read the scenario below and answer the questions that follow:

Lerato loved spending time on the internet. Her parents did not check which sites she visited, so she often went into chat rooms. She met a 13-year-old boy named Charles. They spoke almost every day. Lerato and Charles agreed to meet in a shopping mall but when he arrived at the meeting place, Lerato realized that he was much older than thirteen. She was very scared as she was alone and she had not told anyone where she was going.

5.2.1. What mistake did Lerato make when going onto the internet? (1)

5.2.2. What could Lerato do, once she realized that she was not safe in the shopping mall? Provide a realistic answer. (1)

5.2.3.1. Lerato's parents and Lerato needed to take responsibility for this incident. In what way was the parents irresponsible? (1)

5.2.3.2 In what way was Lerato irresponsible? (1)



Question 6:

Categorize the following careers into its career field. Write the career next to the correct career field. (5)

Advocate	actress	teacher	bricklayer	medical researcher
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Career field	Career
Health services	
Education and support services	
Performing arts	
Law	
Building and construction	

Question 7:

Read the letter carefully before answering the questions. (10)

I am constantly unhappy with myself. I hate the way my body looks. I'm putting on weight and I feel clumsy in my new curvy body. My skin is getting oily, too. Sometimes I think that people are looking at me and laughing at me.

I also hate my thoughts. I keep looking at my friends and thinking that they are better off than me. They seem to be coping at school and having fun. They don't seem to be having any problems. How can they know what I'm feeling? I can't even talk to them anymore. Most mornings, I don't even feel like getting out of bed!

I fight with my parents about everything. They really don't understand me. It seems like we can't agree on anything! My younger brother and sister irritate me, too – all the time. I used to be so happy with my family.

Why am I feeling like this? HELP!

Confused in Cape Town



7.1 Is "Confused" a male or female? Substantiate your answer.

(2)

7.2 "Confused" is going through puberty. Explain what is causing these changes to take place. (2)

7.3 What advice can you give Confused to help cope better with the difficulties at school? (2)

7.4 Confused needs to improve his/her self-concept. Discuss how he/she can do this. (2)

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7.5 Negotiation skills might assist Confused to relate better to his/her parents. Name and discuss TWO appropriate negotiation skills that you have studied. (2)

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GRADE 7 LIFE ORIENTATION JUNE EXAMS 2025

Criteria			
Explain 7 emotional changes during puberty	0 or 1 emotional change explained (0-1)	2-4 emotional changes are explained (2-4)	5-7 emotional changes are explained (5-7)
Link between the emotional changes and your personal experiences	0-1 link discussed (0-1)	2-3 links to personal experience discussed (2-3)	

[70]

GOOD LUCK!!





ORTCD

GRADE 7 LIFE ORIENTATION MEMORANDUM JUNE EXAMS 2025

Section A: (25)

Question 1:

Choose the correct answer. Circle or high light your answer. (5)

1.1 During puberty...

- A everyone develops at their own pace**
- B menstruation begins in grade 6 for all
- C voices change for both boys and girls
- D girls only are ready to have children

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1.5 Your self-concept is based on _____

- A abilities, interests, potential and cultural background
- B personal qualities, abilities, potential and interests**
- C cultural background, religion, classroom rules
- D cultural background and parent's occupation



Question 2:

Provide a definition for each of the following: (5)

2.1 hormones: **are chemical messengers produced by specialised cells within endocrine glands ,that regulate various physiological processes in the body.**

2.2 physical abuse: **deliberate and harmful acts to the body, eg hitting, pinching...**

2.3 intimidate: **frightening someone into doing something by means of violence or blackmail.**

2.4 Children's Court: **a court that considers children and their safety in all types of matters**

2.5 Peer pressure: **when you are influenced to do something that you might not want to do.**

Question 3:

Match column A to column B. Write only the letter in the given space for your answer.

(5)

Column A		Column B		Answers
3.1	Childline	A	A negative emotion displayed by an abuser	D
3.2	Anger	B	Respect and approval	A
3.3	Counsellors	C	Stand up for oneself, confident, insist on one's rights	E
3.4	admiration	D	0800055555	B
3.5	assertive	E	Someone that is trained to help a victim of abuse	C
		F	08000998877	

Question 4: Read the case study carefully before you answer the questions **(10)**



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Thabo Jobo

North Eastern Tribune 6 March 2020

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“The album is unique and it stands out as a mouthpiece addressing the current lifestyle that many of the current generation of our people are subjected to in their lives,” Atlas said.

“It touches on the issue of substance abuse, police brutality, the racism that has engulfed our societies as well as the disturbing nature of xenophobia in various parts of our communities.

Through this album, as an artist, I am also trying to shape the world into a better place to live and strive as human beings.”

It really serves as a chapter for social cohesion and Atlas added that anyone could listen to the album as it catered for all music lovers.

He said the album could be found on various media platforms including Google tracks, YouTube channel, Facebook, and Instagram.

Details: @atlasofficially

4.1 List 3 social ills that Atlas is trying to bring attention to.

(3)

Xenophobia, racism, substance abuse, police brutality

4.2 What genre of music does Atlas sing?

(1)

Hip-hop infused with gospel

4.3 Why do you think that Atlas taking this stand against these “social ills” is a good idea? **(2)**

Atlas is famous, if he were to talk about things that are not good in society, more people will listen and might even follow his advice or way of thinking



4.4 “anyone could listen to the album as it catered for all music lovers” Explain what is meant by this statement. (1)

This means that the Atlas’ music is written/sung with all types of people in mind so that anyone can enjoy

4.5 Name any two forums where the album could be found. (1)

Google tracks, YouTube channel, Facebook, and Instagram.

4.6 Why do you think Atlas changed his name from Mpho Sebogoe? (2)

Atlas is easier for people to remember. Sounds more catchy and creates a “vibe”

Section B: (25)

Question 5: Answer the following questions on abuse. (10)

5.1 Explain why the following situations may be threatening or risky to a young child. (6)

5.1.1 Growing up in an abusive family:

Child will believe that this is normal behaviour and will act in the same way towards others

5.1.2 A parent drinking too much alcohol or taking drugs:

The parent may become physically (hit them) and emotionally (swear, call names,etc) abusive towards the child and other members of the family.

5.1.3 The older brother bringing lots of friends over, often. They spend the evening drinking alcohol and watching TV before they fall asleep in the lounge:

These friends may be under the influence of alcohol, may not be able to make good decisions and could result in physical, emotional and sexual abuse of a young child

5.2 Read the scenario below and answer the questions that follow:

Lerato loved spending time on the internet. Her parents did not check which sites she visited, so she often went into chat rooms. She met a 13-year-old boy named Charles. They spoke almost every day. Lerato and Charles agreed to meet in a shopping mall but when he arrived at the meeting place, Lerato realized that he was much older than thirteen. She was very scared as she was alone and she had not told anyone where she was going.

5.2.1 What mistake did Lerato make when going onto the internet? (1)



Went to chat rooms which is age restricted

5.2.2 What could Lerato do, once she realized that she was not safe in the shopping mall?
Provide a realistic answer. (1)

Tell a shop owner/ shopkeeper or a security guard

5.2.3.1 Lerato's parents and Lerato needed to take responsibility for this incident. In what way was the parents irresponsible? (1)

They do not check Lerato's search history and put restrictions on her internet use.

5.2.3.2 In what way was Lerato irresponsible? (1)

She was using sites that is restricted by age.

Question 6: Categorise the following careers into its career field. Write the career next to the correct career field. (5)

Career field	Career
Health services	medical researcher
Education and support services	teacher
Performing arts	actress
Law	advocate
Building and construction	bricklayer

Question 7: Read the letter carefully before answering the questions.

7.1 Is Confused a male or female? Substantiate your answer. (2)

Female, because usually females put on weight during puberty

7.2 Confused is going through puberty. Explain what is causing these changes to take place. (2)

The pituitary gland in the brain is releasing chemical hormones/substances that causes the physical and emotional changes

7.3 What advice can you give Confused to help him/her cope better with the difficulties at school? (2)

- Think carefully about what you believe is right or wrong



- Continue to develop your self-esteem
- Find friends that have similar beliefs as you
- Choose friends who are not involved in risky activities
- Stay away from teenagers who go against your beliefs

7.4 Confused needs to improve his/her self-concept. Discuss how he/she can do this. **(2)**

- Take good care of yourself
- Have goals
- Practice honesty
- Celebrate your successes
- Make time for fun
- Focus on who you are
- Take a stand

7.5 Negotiation skills might assist Confused to relate better to his/her parents. Name and discuss 2 appropriate negotiation skills that you have studied. **(2)**

- Explain your problem clearly
- Express your feelings honestly
- Listen carefully
- Offer alternatives
- Look for solutions



SECTION C: (20)

CHOOSE TWO OF THE FOLLOWING THREE QUESTIONS

Question 8:

Developing a good memory would be advantageous in any learning environment. Name and discuss 5 key factors that should be remembered when you are developing your memory in readiness for the examinations. **(10)**

Pay attention:

Involve as many senses as possible:

Connect information to what you already know:

Focus on understanding basic ideas rather than memorizing small details:

Repeat information you have already learnt:

Eat the right foods:

Use mnemonics:

Question 9:

Many children can be found living on the streets in South Africa.

Name and discuss 5 Human Rights that are being denied to any child living on the streets.

(10)

- No one has the right to torture you
- The right to be recognized as a person before the law
- We are all equal before the law and entitled to equal protection
- No one has the right to wrongfully imprison you or force you to leave your country
- The right to an adequate standard of living
- The right to an education



Question 10: Puberty brings about many physical and emotional changes. Explain the changes that occur emotionally. Link these changes to your personal experiences. **(10)**

- Moodiness due to changes in the hormone levels
- Confusion about what is happening to you
- Concern about whether the changes are normal
- Strong emotions that you have not had before
- Extreme sensitivity and becoming upset easily
- Uncertainty about how your body is changing
- General embarrassment and awkwardness
- Concern about how others' bodies look compared to yours
- Sexual attraction towards someone and not knowing how to cope
- A need for more independence from your parents

TOTAL - 70

